Dear [INSERT NAME HERE],

This year, I am proud to play a part in finding new treatments & a cure for Essential Tremor Disease. As a Team DSF member, I will be hosting [INSERT EVENT HERE], asking friends and family for support. Taking on the challenge of this fundraising endeavor is exciting and inspiring.

I am making a commitment to raise funds and awareness for Essential Tremor because twenty million people in the United States are living with Essential Tremor — the largest & most-common neurodegenerative disease. I want to tell the world it is alright to tremor, shake, drop things, and have voice tremors. ET has been misunderstood and ignored for 100 years. I am dedicating my efforts to The Diann Shaddox Foundation for Essential Tremor because I am helping to make a stand and tell the world ET is a disability.

While there is no known cure for Essential Tremor, I want to improved knowledge of Essential Tremor throughout the medical community, first responders, and school systems. Increase earlier treatment access for patients to find specialized care from movement disorder doctors.

I'm asking for your support to end ET in our lifetime. My personal goal is to raise [INSERT FUNDRAISING GOAL]. Please help me reach my goal by making a contribution. Donations are tax-deductible to the full extent of the law.

Join me in making a difference in the lives of those living with Essential Tremor by using this link to donate: [YOUR TEAM DSF FUNDRAISING PAGE URL]

PS. Diann Shaddox Foundation for Essential Tremor mission is to advance knowledge and recognition of Essential Tremor to the world and find new treatments and a cure for ET. ET is a progressive and highly prevalent neurologic disease that causes a rhythmic trembling of the hands, head, voice, legs, or trunk. ET can begin at any age from ages 1 to 100, affects both men and women and individuals of every age, race or ethnicity and national origin.

Thank you for your generous support.

Sincerely, [YOUR NAME HERE]